



MASSACHUSETTS

BLUE CROSS BLUE SHIELD OF MASSACHUSETTS

BLUE CROSS BLUE SHIELD OF MASSACHUSETTS
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Blue Cross Blue Shield of Massachusetts is an Independent Licensee of the Blue Cross and Blue Shield Association.

AGENDA

MEDICAL PLAN

- Access Blue New England Saver

ACCESS BLUE NEW ENGLAND SAVER

ACCESS BLUE NEW ENGLAND SAVER

Network



EXTENSIVE NETWORK

USE **HMO BLUE NE NETWORK** PROVIDERS
IN MA, ME, NH, VT, CT AND RI

**CHOOSE PRIMARY CARE PHYSICIAN
(PCP) (CHANGE ANYTIME!)**

ACCESS TO QUALITY CARE

**NO REFERRALS TO HMO BLUE NE
NETWORK SPECIALISTS**

FIND A DOCTOR:

- **ONLINE WWW.BLUECROSSMA.ORG**
- **CALL PHYSICIAN SELECTION
SERVICE: 1-800-821-1388**

ACCESS BLUE NEW ENGLAND SAVER

In-Network Medical Services



		MEDICAL SERVICES	MEMBER COST SHARING		
		<i>Entire Family Deductible Must Be Met Before Benefits Are Provided For Any Family Member</i> Deductible	\$2,000 individual contract \$4,000 family contract		
DOCTOR OFFICE VISITS	Routine health checkups & related tests	\$0			
	PCP, OB/GYN, Behavioral Health visits	\$0 after deductible			
	Specialist office visits	\$0 after deductible			
	Physical, Speech Therapy, Cardiac Rehab	\$0 after deductible			
EMERGENCY AND URGENT CARE	Emergency Room visits	\$50 after deductible			
	Urgent Care facilities	\$0 after deductible			
EQUIPMENT	Prosthetics, Durable Medical Equipment	\$0 after deductible			
DIAGNOSTIC TESTING	Diagnostic Testing (Labs & X-Rays, MRI's, PET & CT Scans)	\$0 after deductible			
HOSPITAL	Hospital Day Surgery	\$0 after deductible			
	Inpatient Admissions	\$0 after deductible			
		PRESCRIPTION DRUGS	TIER 1	TIER 2	TIER 3
PRESCRIPTION DRUGS	Retail pharmacy (30-day supply)	\$10 after deductible	\$25 after deductible	\$50 after deductible	
	Mail Order pharmacy (90-day supply)	\$20 after deductible	\$50 after deductible	\$110 after deductible	

ACCESS BLUE NEW ENGLAND SAVER II

Out-of-Pocket Maximum



OUT-OF-POCKET MAXIMUM

The most a member will pay per year for covered health expenses before the plan pays 100 percent of covered health expenses for the rest of that plan year

MEDICAL SERVICES
deductible
coinsurance
copayments

\$5,000 Individual

\$10,000 Family

WELL-CONNECTION

www.bluecrossma.org/myblue



REAL DOCTORS. REAL EXPERIENCE. REALLY FAST

- Telehealth providers for medical and mental health
- Get confidential care, remotely
- Medical Care and Therapy that comes to you
- Highly experienced, highly rated

IS A VIDEO DOCTOR VISIT RIGHT FOR ME?

"I'm not feeling well."

Get care for:

- Cold and flu symptoms
- Fever
- Runny nose, sinus pain
- Cough, wheezing
- Sore throat
- Headaches and migraines
- Diarrhea
- Skin rash

"I need emotional support."

Talk to a therapist about:

- Depression and anxiety
- Substance use disorder
- Loss of a loved one
- Couples therapy
- Emotional trauma
- Stress



**DOCTORS ON CALL.
ON YOUR DEVICE.**

Find Well-Connection link by logging in to your **MYBLUE** account!



Smartphone

Tablet

Computer



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FITNESS AND WEIGHT LOSS BENEFITS

www.bluecrossma.org

FITNESS REIMBURSEMENT

Up to \$150 per family per year

Membership or fitness class fees at:

- **A full-service health club** with cardiovascular and strength-training equipment like treadmills, bikes, weight machines, & free weights.
- **A fitness studio** with instructor-led group classes such as yoga, Pilates, Zumba®, kickboxing, indoor cycling/spinning, & other exercise programs.
- **Virtual offerings** like online fitness memberships, subscriptions, and classes that provide cardiovascular and strength-training.
- **Home fitness equipment** like stationary bikes (including Peloton), weights, kettle bells, bands, treadmills

WEIGHT LOSS REIMBURSEMENT

Up to \$150 per family per year

Participation fees for:

- **Non-hospital programs** (in-person or online) that combine healthy eating, exercise, & coaching sessions with certified health professionals such as nutritionists, registered dietitians, or exercise physiologists.
- **Hospital-based programs**
- **WW**, formerly known as Weight Watchers® (in-person or online)



GET REWARDED FOR GOOD HABITS

Big congrats on your healthy habits! To celebrate all you do, we've put together up to \$300 in fitness and weight loss reimbursements. Yours for the taking, you go-getter!

Reimbursement is quick, easy and online!

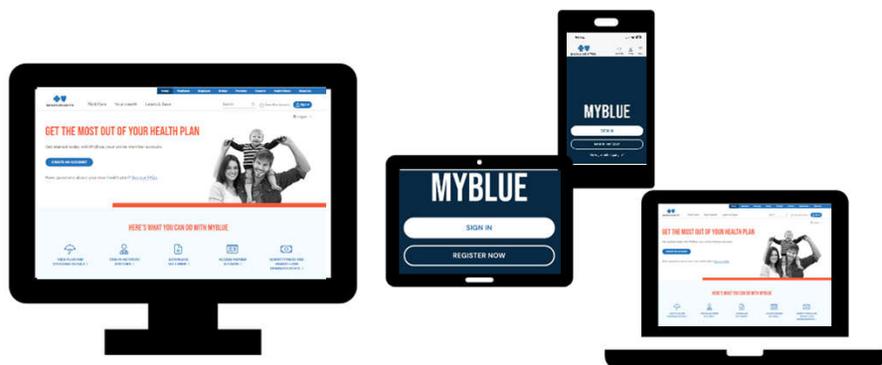
Sign in to MyBlue at bluecrossma.org.

MYBLUE APP & ONLINE ACCOUNT

www.bluecrossma.org



UNLOCK THE POWER OF YOUR PLAN



Available On



COVERAGE AND BENEFITS



CLAIMS AND BALANCES



FITNESS AND WEIGHT-LOSS REIMBURSEMENTS



MEDICATION LOOKUP



FIND A DOCTOR



VIEW ID CARD



MENTAL HEALTH RESOURCE CENTER

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BLUE365

blue365deals.com

BLUE365
Because health is a big deal

SAVE MONEY

BLUE365 BRINGS BLUE MEMBERS DEALS AND DISCOUNTS FROM TOP HEALTH AND WELLNESS RETAILERS AROUND THE COUNTRY.

LIVE HEALTHY

BLUE365 HAS DEALS TO HELP YOU FIND WHAT YOU NEED TO MEET YOUR HEALTHYLIFESTYLE GOALS.

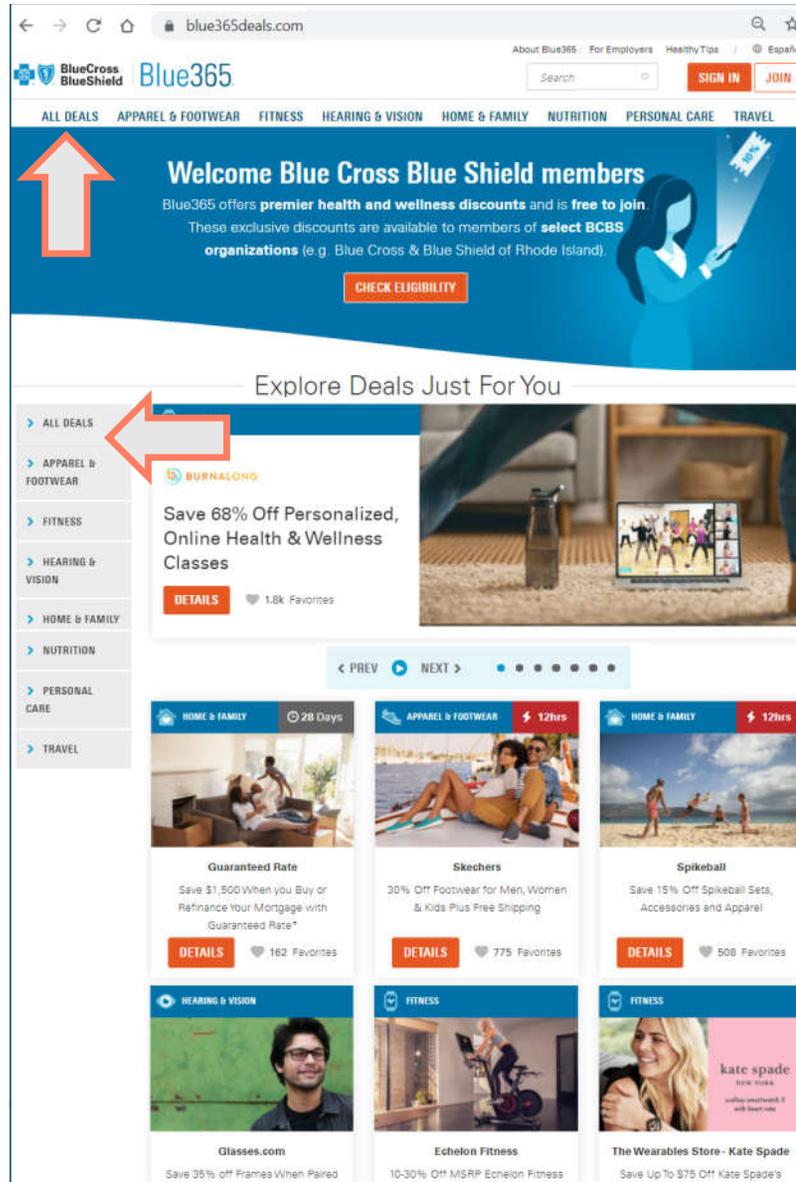
ENJOY FAMILY

MAKE LIVING WELL A SHARED EXPERIENCE- WHETHER YOU'RE PLANNING A VACATION, EXERCISING OR COOKING A WELL-BALANCED DINNER

KEEP IT SIMPLE

BROWSE BLUE365 OR CHECK OUT WEEKLY DEALS DELIVERED STRAIGHT TO YOUR INBOX

BLUE CROSS BLUE SHIELD



TION Association.

WE ARE HERE TO HELP

www.bluecrossma.org



	Call Member Advocate 1-800-782-3675
	Talk to a Nurse 1-888-247-2583
	Video Doctor Visits www.bluecrossma.org/myblue
	Send a Secure Message www.bluecrossma.org/myblue

LIVE CHAT

START CHATTING WITH US

Name *
|

Email *
|

Member ID
|

Your Question *
|

START CHATTING