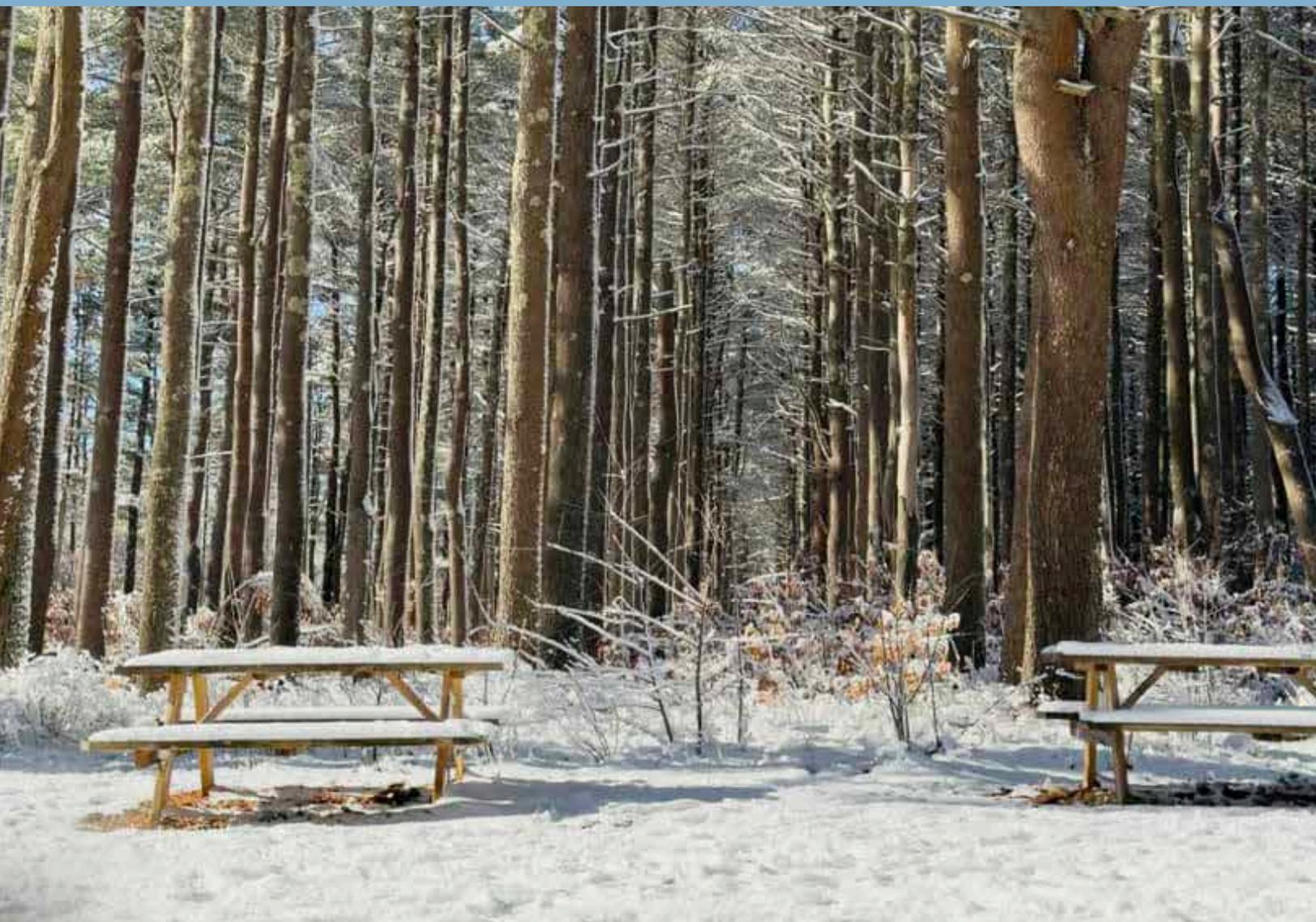




North Attleborough's Natural Escapes

Your Guide to Local Trails and Parks



North Attleborough
Cultural Council

A Wandering Nature Guide to Wellness Through the Outdoors

**North Attleborough's Natural Escapes:
Your Guide to Local Trails and Parks
invites you to reconnect with nature
and discover the beauty
in your backyard.**

This guide highlights five top nature spots, from serene forest trails to picturesque pond views, offering a perfect mix of wellness, adventure, and community spirit. Featuring stunning photos submitted by residents, this resource is your passport to outdoor exploration and a celebration of the town's natural treasures. Get ready to lace up your boots, grab your camera, and immerse yourself in the wonders of North Attleborough!



Sponsored by the
North Attleborough Cultural Council
a Community Volunteer Group

Scan to access
the digital PDF



World War 1 Memorial Park



Trail Type - Walking and hiking

Difficulty Level - Easy to moderate

Length of Trail - Over 3 miles

Location - 365 Elmwood Street
North Attleborough, MA 02760



Enjoy Nature

"I am a huge proponent of outdoor play! The benefits are endless. Unstructured exercise and play outside improve both mental and physical health. Playing outside increases our children's physical endurance and decreases the likelihood of childhood obesity and activity intolerance, an epidemic we are unfortunately seeing more and more these days. Playing outside is a natural way to separate our students from the temptation of technology and encourages them to play socially, in person, with other children. Less screen time and more active time means better sleep, better mood, and readiness to learn and grow!"

*Hannah Erickson ("Nurse Hannah")
- Community Elementary School Nurse*



Why is This Worth the Visit?

"The park is 390 feet above sea level at the highest point in Bristol County. Lookout Point on "Sunrise Hill" gives stunning views for miles."

*Steve Carvalho
- Director of Parks and Rec*



Mass Audubon Bird Fact

The Northern Cardinal does not walk but instead hops. Listen for its distinct "cheer, cheer, cheer" or "birdy, birdy, birdy" calls. Cardinals often retain the same mate from one season to the next. Despite this pair bonding, they are not particularly social birds and rarely form flocks.



Points of Interest

Balance Rock, petting zoo (bring 25¢ for the feed machine), disk golf, Julia's Garden, playground, "Beach Area" sandbox, and the forty-foot long tube slide.

Photo credit: Ryan Van De Giesen



North Attleborough
Cultural Council

[View the trail map](#)

Bragg & MacDonald Memorial Town Forest



Trail Type - Walking

Difficulty Level - Easy to moderate

Length of Trail - Approximately 3 miles. Five new trails were designed for walkers and hikers of varying skill levels. Distances range from a quarter mile to a mile and a half, ensuring that there is a trail suitable for every adventurer, from beginners to seasoned hikers.

Location - 180 Plain Street
North Attleborough, MA 02760



Enjoy Nature

"At this time of the year, the woods are silent and provide an opportunity to enjoy the tranquility of nature. Hiking in winter is a chance for self-reflection and inspiration. Benches along the Town Forest trails offer an opportunity for contemplation, or to simply relax and enjoy the peace and beauty of winter woods."

*Martin Grealish - Chairperson
North Attleboro Town Forest Committee*



Why is This Worth the Visit?

"A great location for a mostly flat hike in the woods. Once you're on the trail you will enjoy the quiet nature all around you."

*Steve Carvalho
- Director of Parks and Rec*



Mass Audubon Bird Fact

Just over five inches long, the [Black-capped Chickadee](#) is the state bird of Massachusetts. Its highly flexible "chick-a-dee-dee" call is used to communicate danger, with research suggesting that the number of "dee" notes increases in proportion to the perceived threat. Black-capped Chickadees flock together and often join other birds—especially Nuthatches, Titmice, and Downy Woodpeckers—throughout the winter months.



Points of Interest

Serenity Rock, eighty acres of picturesque woodlands, diverse wildlife ecosystems, dog park, towering pine tree.

Photo credit: Charlie Peters



North Attleborough
Cultural Council

[View the trail map](#)

Martin Conservation Property



Trail Type - Hiking

Difficulty Level - Moderate

Length of Trail - About 2 miles, including a rugged half-mile trail

Location - Wild Acres Road
North Attleborough, MA 02760
(drive to end)



Enjoy Nature

"There's solitude on winter trails, pure, cleansing, intoxicating."

Marcia Parks - Local Poet



Points of Interest

Great view of Lower Falls Pond, hiking and walking trails, a family picnic area, nature observation points, fishing access.

Note - please remember to wear orange or other bright colors during hunting season.



Why is This Worth the Visit?

"This new trail, nestled within 43 acres of municipal open space, offers a peaceful retreat off the main road. Picnic tables and unique downed trees provide the perfect spot to sit and take in the scenery."

Steve Carvalho
- *Director of Parks and Rec*



Mass Audubon Bird Fact

Just under a foot long from beak to tail tip, the clever and aggressive Blue Jay is a member of the crow family. Like squirrels, Blue Jays cache acorns, collecting an impressive 3,000 to 5,000 in a single autumn. These highly vocal birds love to forage in open forests and along tree-lined suburban streets. Listen for their distinctive, strident "jay! jay!" squawk.

Photo credit: Kristin Blye



North Attleborough
Cultural Council

[Learn more about this location](#)

Dr. Robert E. Fitzgerald Recreation Conservation Area at Whiting's Pond



Trail Type - Walking

Difficulty Level - Accessible by all

Length of Trail - 0.25 miles beach & wetland

Location - 644 Broadway
North Attleborough, MA 02760



Enjoy Nature

"Outdoor recreation and scenic beauty are two of the top five qualities that define a charming Massachusetts town, and we have both! The ability to walk, hike, and explore nature without leaving town is an opportunity we should embrace and be proud of. Our identity is deeply rooted in nature, woven into both our landscape and community."

*Ralph DiMarco - Chairperson
- North Attleborough Cultural Council*



Points of Interest

Beach area and 25 acres of pond, waterfowl bird watching (including ducks, geese, swans, and cranes), picnic tables with a view.



Why is This Worth the Visit?

"Enjoy an immersive nature experience with a cup of coffee or lunch at one of the provided picnic tables with serene pond views throughout the year."

*Steve Carvalho
- Director of Parks and Rec*



Mass Audubon Bird Fact

The [Dark-eyed Junco](#), also known as the "snowbird," is a harbinger of winter in New England. Juncos are among the easier birds to identify. Males have a uniform slate-gray back, wings, and head, with a clean white belly, while females have varying amounts of brown mixed with gray. Members of the sparrow family, Juncos forage on the ground, hopping along in small social groups and uttering single high buzzes and short repetitions of one note: "tew-tew-tew-tew."

Photo credit: Kristin Blye



North Attleborough
Cultural Council

[Learn more about this location](#)

Harold Burns Memorial Wildlife Arboretum



Trail Type - Walking

Difficulty Level - Moderate

Length of Trail - Over one mile that connects to the World War I Park

Location - 1025 Mount Hope Street
North Attleborough, MA 02760



Enjoy Nature

"Getting out for a walk in the dead of winter is completely magical and frees the mind. The silence and stillness or the whisper of snow falling through the trees on a winter evening does something for the soul. Winter holds a magic that no other season can duplicate in the outdoors."

*Friends of the Ten Mile River
Watershed*



Why is This Worth the Visit?

"These trails are a wonderful addition to the WW I Park area. The Arboretum is the perfect location for bird watching."

Steve Carvalho

- Director of Parks and Rec



Mass Audubon Bird Fact

Tufted Titmice are bold as brass, harassing intruders in their territory with harsh scold calls and even stealing tufts of fur from sleeping mammals to line their nests! They closely resemble Black-capped Chickadees, though they are, on average, an inch longer. Their heads feature a small crest, similar to a cardinal's. Titmice sing a repeated series of two-note whistles: "peter, peter, peter."



Points of Interest

Little Free Library, picnic tables, bird watching.

Photo credit: Kristin Blye



North Attleborough
Cultural Council

[View the trail map](#)

MassWildlife Pocket Guide to Animal Tracks



MASS WILDLIFE Pocket Guide to Animal Tracks

Track Pattern

White-Tailed Deer 2 1/2" - 3"	Moose 4 1/2" - 5 1/2"
H: F:	H: 2 1/4" F: 2 1/2"
Dog: 2 1/4" - 4"	Coyote
H: 2" F: 2 1/4"	H: 1 3/4" F: 1 1/2"
Red Fox	Gray Fox
H: F:	
Bobcat: 2"	House Cat: 1 1/8"

Track Pattern

Otter: 3 1/4"	Fisher: 2 1/4"
Mink: 1 5/8"	Weasel: 1/2" - 1"

Tracks Not To Scale

Tracks will show considerable variation depending upon conditions of ground (snow, mud, dust, sand, etc.) and movement of animal.

F: Front Track
H: Hind Track
T: Tail marks may be present

Track Pattern

H: 4" F: 2 1/2"	H: 1 1/2" F: 1 1/2"	
Raccoon	Striped Skunk	
H: 3" F: 2 1/2"	H: 6" F: 3"	
Porcupine	Beaver	
H: 7-9" F: 4 1/2"	H: 2" F: 1 3/4"	
7-9" Black Bear	Opossum	
H: 2 1/4" F: 2"	H: 1 1/2" F: 1"	
Woodchuck	Muskrat	
H: 5" F: 1 1/2"	H: 4" F: 1"	
Snowshoe Hare	Cottontail Rabbit	
H: 2 1/4" F: 1 1/2"	H: 5/8" F: 1/4"	
Gray Squirrel	White-Footed Mouse	
Crow: 2 1/2"	Turkey: 4"	Ruffed Grouse: 2"

MASSACHUSETTS DIVISION OF FISHERIES & WILDLIFE

1 Rabbit Hill Road, Westborough, MA 01581

p: (508) 389-6300 | e: mass.wildlife@mass.gov



MASS.GOV/MASSWILDLIFE



North Attleborough
Cultural Council



Appendix

This guide was created in collaboration with:

[Town of North Attleborough](#)

[North Attleborough Cultural Council](#)

[North Attleborough Parks and Recreation](#)

[North Attleborough Conservation Commission](#)

[North Attleborough Parks and Recreation Commission](#)

Special thanks to:

[Mass Audubon](#)

[Friends of the Ten Mile River Watershed](#)

[Friends of the North Attleborough Dog Park](#)

[Massachusetts Division of Fisheries and Wildlife](#)

[Community Elementary School Nursing Department](#)

And community members like you

Open Space and Recreation Plan

The Open Space and Recreation Plan is to reaffirm the commitment of the Town of North Attleborough to protect and enhance the community's natural and cultural resources and improve access to open spaces and recreational facilities. [Access the full plan \(PDF\)](#).

Apply for a Mass Cultural Council Grant

The North Attleborough Cultural Council (NACC) awards yearly grants to support local programs in the arts, humanities, and sciences—helping enrich the community, grow the economy, increase accessibility, and foster creativity within our town. Part of the Local Cultural Council (LCC) Program, the largest national grassroots cultural funding network, NACC helps distribute a portion of \$7.5 million in annual funding to support projects like field trips, festivals, and performances. Residents with ideas for events or initiatives that benefit the community are encouraged to apply. [Massachusetts Cultural Council funds and grants information and applications](#).

Special Note

The North Attleborough Cultural Council is made up of volunteers—local residents like you—who donate their time and skills because they believe in the power of culture and want to drive change to better our town. You can make a difference too! Join a town board or committee, or simply attend a public meeting to listen, learn, ask questions, and get involved.

[Complete list of North Attleborough boards and committees](#)

[North Attleborough public meetings and community events calendar](#)

